

FOCUS Job Aid

Use this job aid to record information provided to you throughout the FOCUS assessment. This information will be useful to you as you complete lesson two of the "Finding Your FOCUS" module.

Record your three letter summary code (RIASEC model). ____ ____ ____

For each Holland code, there are other five codes that should be explored. For example, if your code is EAS, you should also consider occupations and majors coded as ESA, ASE, AES, SEA, and SAE. List the other five codes you need to consider:

1. ____ 2. ____ 3. ____ 4. ____ 5. ____

What words or phrases from Your Personality Assessment best describe you?

Record the three skills you selected in the Skills Assessment:

- 1.
- 2.
- 3.

Record the three values you selected in the Values Assessment:

- 1.
- 2.
- 3.

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How does this information about YOURSELF support or contrast with your past or current ideas about academic majors/careers or perhaps any other career related option you are considering?

Exploring Majors

List 3 Ohio State majors that are unfamiliar to you and merit further investigation.

Exploring Careers

Select one occupation you want to research further.
